

Name: \_\_\_\_\_

## Ways to Say 'No Thanks'

Directions: Read the article "It's Not a Game" on page 26. Then answer the questions below.

1. List three bad things that can happen to kids who choke themselves on purpose.

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2. What might you do if a friend tells you he or she is choking himself or herself on purpose?

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3. Professor Mark Lepore says one way to say no to the "pass-out game" but to say yes to a friend is to offer a more positive activity. List three positive activities you could suggest if someone says he or she wants to play a dangerous game, such as passing out on purpose.

Activity 1: \_\_\_\_\_

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Activity 2: \_\_\_\_\_

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Activity 3: \_\_\_\_\_

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