Name: _____

Current Health 1 checkup

Telling Your Story

Directions: Read the article "Stories in Your Life" (page 12). Then choose one of the following ways the article says stories help people. On the lines below, write your own story that does the same thing. Use another sheet of paper if you need to.

- **Stories let people explore different dilemmas, cultures, or times.**
- **Family stories help us understand the past and know the people in our lives.**
- **Stories provide insight into situations at home or school.**
- **Stories help you understand people who are different from you.**
- **Stories we tell show how we see ourselves.**
- **People use stories to deal with tough times.**
- **Stories help improve our thinking skills.**

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