

Name: _____

Reading Comprehension: Your World

Directions: Read the story “When Drugs Don’t Work” (page 8). Then answer the questions below.

1. Why did Duane Kalta get sicker despite taking antibiotics?
 - A. He stopped taking the drugs before the infection was eliminated.
 - B. His illness was misdiagnosed.
 - C. He was infected with drug-resistant bacteria.

2. Antibiotics will only work for infections caused by _____.
 - A. viruses
 - B. bacteria
 - C. fungi

3. Which of the following is not a reason to worry about drug resistance?
 - A. It makes treating diseases more difficult.
 - B. Vaccine-preventable diseases such as smallpox and polio may return.
 - C. Scientists have a hard time developing new antibiotics.

4. How can you minimize the risk of drug resistance?
 - A. Wash your hands frequently.
 - B. Ask your doctor for antibiotics when you get a cold.
 - C. Take medicine properly and only when needed.

5. What was the author’s purpose in writing this article?
 - A. To demonstrate the threat of drug resistance and ways to combat it
 - B. To explain the biological process behind bacterial infections
 - C. To persuade readers to stock up on antibiotics

6. Describe how bacteria can develop resistance to antibiotics.

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Reading Comprehension: Your Mind

Directions: Read the story "Hardwired to Create!" (page 12). Then answer the questions below.

1. Which of the following could represent a paradigmatic shift?
 - A. A writer plots out her story using an outline.
 - B. A musician realizes a bird's song is the perfect melody to match the words in his head.
 - C. An artist paints exactly what she sees outside her window.

2. Creative techniques are good for:
 - A. Understanding the world around us
 - B. Figuring out solutions to problems
 - C. Developing test-taking skills

3. In this story (page 13, paragraph 3), what does the word *disengage* refer to?
 - A. Trying hard to grapple with a problem
 - B. Allowing the mind to wander
 - C. Giving up on a project

4. The right half of the brain, according to Melissa Turgeon, is helpful for:
 - A. Running a race
 - B. Learning a new language
 - C. Making art

5. What is the main idea of this article?
 - A. Everyone's minds are designed to be creative.
 - B. Sometimes creative work is difficult.
 - C. Only artsy people benefit from creativity.

6. Explain how the techniques listed in the article can improve creativity.

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Reading Comprehension: Your Energy

Directions: Read the story “Make Lunch Count” (page 15). Then answer the questions below.

1. Why might Madalyn’s lunch choice have led to her falling asleep in algebra?
 - A. The extreme sugar rush led to a mental crash.
 - B. She was so full that she lapsed into a “food coma.”
 - C. The ice-cream cone didn’t provide the energy and nutrients she needed.

2. Which of the following would not be a good component of a nutritious lunch?
 - A. A protein-rich piece of salmon
 - B. An order of fried onion rings
 - C. A whole-grain English muffin

3. Why do the teens in the article say they and their friends often choose unhealthy lunch items?
 - A. They gave in to peer pressure.
 - B. They usually ate big breakfasts and weren’t hungry at lunch.
 - C. Their school cafeterias don’t offer enough fresh fruits and vegetables.

4. Why might a triple mocha latte coffee drink not be a good lunch option?
 - A. It is a poor source of energy.
 - B. It is expensive.
 - C. It is high in calories.

5. Why might a school make lunch mandatory for every student?
 - A. To give teachers a break from their classes
 - B. To boost sales of cafeteria foods and vending machine items
 - C. To prevent teens from skipping lunch

6. Describe, in your own words, why eating a healthy lunch every day is important.

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Reading Comprehension: Your Choices

Directions: Read the story “Clearing the Air” (page 18). Then answer the questions below.

1. Someone is an intermittent smoker if he or she
 - A. doesn't smoke every day.
 - B. smokes only light cigarettes.
 - C. quits smoking and then relapses.

2. Which of the following is not a risk of occasional smoking?
 - A. Addiction to cigarettes
 - B. Nicotine poisoning
 - C. Blood vessel damage that can lead to heart disease

3. What does it mean when the author says smoking one cigarette may have a “sleeper effect”?
 - A. The person will be more likely to smoke again someday.
 - B. The person will feel very tired.
 - C. The person will immediately become ill.

4. Teens who smoke only occasionally may mistakenly think it will be easy for them to
 - A. Play sports
 - B. Stop smoking
 - C. Avoid secondhand smoke

5. Kayla says she turned to cigarettes in order to escape feelings of
 - A. Anger
 - B. Stress
 - C. Fear

6. List three reasons the article gives *not* to smoke cigarettes.

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Reading Comprehension: Your Body

Directions: Read the story “Sounder Snoozing” (page 22). Then answer the questions below.

1. Which phrase could be used to replace *that* in the following sentence?

“And *that* increases the risk of obesity and diabetes, two serious medical problems.”

- A. Overeating
- B. Sleep deprivation
- C. A weak immune system

2. Why don't many teens get the recommended amount of sleep?

- A. Their parents make them stay up late.
- B. Their school day starts in late morning.
- C. They are busy with homework, friends, and video games.

3. All of the following are benefits of good sleep habits except

- A. Better performance in class and in athletic activities
- B. Decreased risk of catching a cold
- C. Increased physical height

4. To sleep well, you should try to avoid what after lunchtime?

- A. exercise
- B. caffeine
- C. the Internet

5. What is the main idea of this article?

- A. Getting enough sleep is important for teens.
- B. A lack of sleep is associated with getting pimples.
- C. Anxiety is a leading cause of sleep loss.

6. Describe an ideal environment for sleeping.

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Reading Comprehension: Your Relationships

Directions: Read the story “Love Shouldn’t Hurt” (page 26). Then answer the questions below.

1. Which young musical stars were embroiled in a case of dating violence?
 - A. Miley Cyrus and Nick Jonas
 - B. Rihanna and Chris Brown
 - C. Hilary Duff and Aaron Carter

2. Which of the following is an example of emotional abuse?
 - A. “I feel bad when you dance with other people.”
 - B. “You’re so stupid, you’re lucky I like you, because no one else would.”
 - C. “You’re just not a good fit for me, and I think we should break up.

3. The following are all ways abusers keep their victims from leaving except
 - A. Damaging their relationships with friends and family members
 - B. Begging for forgiveness and promising the abuse will never happen again
 - C. Taking responsibility for their actions and seeking professional help

4. What’s the difference between abuse and the pain that can normally come with relationships?
 - A. In healthy relationships, people don’t try to hurt each other.
 - B. Abuse always involves physical violence.
 - C. People will automatically break up with an abuser.

5. How did Sarah Van Zanten escape from an abusive boyfriend?
 - A. She fought back against her boyfriend.
 - B. She ran away from home.
 - C. She told her family and they helped her deal with the situation.

6. Explain how you can tell whether a romantic relationship is abusive.

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Reading Comprehension: Answer Key

Your World

1. C, 2. B, 3. B, 4. C, 5. A, 6. Answers will vary.

Your Mind

1. B, 2. B, 3. B, 4. C, 5. A, 6. Answers will vary.

Your Energy

1. C, 2. B, 3. C, 4. C, 5. C, 6. Answers will vary.

Your Choices

1. A, 2. B, 3. A, 4. B, 5. B, 6. Answers will vary.

Your Body

1. B, 2. C, 3. C, 4. B, 5. A, 6. Answers will vary.

Your Relationships

1. B, 2. B, 3. C, 4. A, 5. C, 6. Answers will vary.